

DISTRICT
WELLNESS PLAN EVALUATION
2020-2021

GOAL 1: The District’s food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Display posters of healthy nutrition messages in cafeterias, campus hallways, and in classrooms.	Are posters displaying healthy nutrition information posted, and where are they posted?	Evidence: Yes, on the service lines.	Evidence: Yes, on the service lines.

GOAL 2: The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Family members are invited to join students to eat in cafeterias during National School Lunch Week and for special cafeteria events.	Posts on Social Media Flyers sent home Reservations received by campus offices	Evidence: Closed campus 20-21 due to Covid	Evidence: Closed campus 20-21 due to Covid

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GOAL 3: The District shall ensure that food and beverage advertisements accessible to students outside of school hours on District property contain only products that meet the federal guidelines for competitive foods.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Superintendent, principals, and the Child Nutrition staff will monitor advertising.	Observe if advertising is compliant.	Evidence: All compliant	

GOAL 4: The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Display healthy nutrition education posters	Are posters displaying healthy nutrition messages posted, and where are they displayed?	Evidence: Displaying on service lines and cafe walls.	Evidence: Displaying on service lines and cafe walls.

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GOAL 5: The District shall make nutrition education a District-wide priority and shall integrate nutrition education into other areas of the curriculum, as appropriate.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
The District will encourage all classroom teachers to integrate physical activity into the academic curriculum (e.g. brain breaks, energizers, etc.) where appropriate	Principals will gather information from teachers as to how often they integrate physical activity into academic times.	Evidence:	Evidence:

GOAL 6: The District shall provide professional development so that teachers and other staff responsible for the nutrition education program are adequately prepared to effectively deliver the program.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Training will be offered to campus CATCH committee members.	Sign-in sheets	Evidence:	Evidence:

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GOAL 7: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.		Measure 1 Level of Goal Compliance	Measure 2 Level of Goal Attainment
		Low High 1 2 3 4 5	Low High 1 2 3 4 5
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Students can enroll in PE, band, athletics, and dance class.	Enrollment records	Evidence:	Evidence:

GOAL 8: The District shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.		Measure 1 Level of Goal Compliance	Measure 2 Level of Goal Attainment
		Low High 1 2 3 4 5	Low High 1 2 3 4 5
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Training will be offered to campus CATCH committee members. CATCH committee members will share curriculum ideas with their peers and serve as a resource for teachers.	Sign-in sheets	Evidence:	Evidence:

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GOAL 9: The District shall encourage parents to support their children’s participation, to be active role models, and to include physical activity in family events.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Campuses will advertise community/school joint 5K races on social media.	Number of participants	Evidence:	Evidence:

GOAL 10: The District shall encourage students, parents, staff, and community members to use the District’s recreational facilities, such as tracks, playgrounds, and the like, that are available outside the school day. [See GKD]		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Available recreational facilities will be posted on the Health and Wellness page.	Analytics documenting the number of hits on the website	Evidence:	Evidence:

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GOAL 11: The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Schedules will reflect sufficient time to eat meals in the school cafeteria.	Master schedules	Evidence:	Evidence:

GOAL 12: The District shall promote wellness for students and their families at suitable District and campus activities.		Measure 1	Measure 2
		Level of Goal Compliance	Level of Goal Attainment
Action Steps	Methods for Measuring Implementation	Low High 1 2 3 4 5	Low High 1 2 3 4 5
Publicity for applicable district wellness events such as the Rowdy Run will be available at district and campus activities.	Number of participants in district and campus events	Evidence:	Evidence:

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